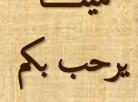


WELCOME TO MINA

EST. IN 1990



M

ina has been established since 1990. At that time, it was more of a café type than a restaurant. We were mainly doing breakfast and sandwiches. Since then, we have been trading continuously. In the interval of the continuous of the capacity of the capaci

The Lebanese Cuisine is a cuisine of nature. Its colours reflect the richness of the sunny Landscape, and its diversity reflects the goodness and hospitality of the Lebanese people. a major delight"

Lebanese food is unique in that it combines the sophistication and subtleties of European haute cuisine with the exotic ingredients of the Orient.

A meal usually starts with "mezza", a selection of salads (tabboule and fattoush), hummus, Baba Ghanoush, stuffed grape leaves, Dolma, and Kibba.

The main course is generally grilled meat, chicken, or fish served with rice or bread. In fact, the mezza is an appetiser that can make a whole meal. ** the taste of

Desserts may include many different variations of sweets. such as baklawa and yoghurt with honey. At the end of the meal, Arabic black coffee (Turkish style) is a very popular drink, as is Fresh mint tea (chai).

sunshine"



Lebanese food is a celebration of life; it is fresh, flavourful, and has a class of its own. We are proud of our excellent customer service and delicious, tasty, fresh food.

IF YOU HAVE A FOOD ALLERGY OR SPECIAL DIATARY REQUIMENT, PLEASE INFORM OUR STAFF.

















Minimum food order is £12.95

We accept debit and credit cards





Criticism and suggestions are welcomed and appreciated. www.MinaRestaurant.co.uk

Biar Darwish / Manager

























LEBANESE MAIN COURSES مينا غنم £16.95 Mina Lamb Tender cubes of leg of lamb slowly cooked, stir fried with tomatoes sauce, mushrooms, onions, green and red peppers, garlic and chilli (mild spicy), served with rice. كوس كوس مع لحم غنم £16.95 Lamb or Chicken Couscous Served on a traditional plate, a bed of couscous topped with a mixture of tasty vegetables and tender cubes of lamb or Chicken fillet. كستلأيتا غنم Kastaletta Ghanam £19.50 Marinated pieces of tender lamb cutlets charcoal-grilled and sautéed with our special fresh rosemary and port sauce, served with rice. شيش طاووق Shish Tawk £16.95 Cubes of chicken fillet marinated in garlic, lemon juice, olive oil, and char-grilled just melt in your mouth. Served with rice, and grilled tomatoes, onions, mixed peppers. لحم غنم مشوى Lamb Mashwi £19.50 Tender cubes of lamb marinated, char-grilled, served with rice, and grilled tomatoes, onions, mixed peppers. مينا كفته Mina Kofta Ground meat "lamb" with onions and parsley on a skewer, char-grilled, £16.95 served with rice, salad and grilled tomatoes, onions.

مشوی مشکل **Mashwi Mwshakal £19.95**Combination of Shish Tawk, Lamb Mashwi and Mina Kofta, served with rice, and grilled tomatoes, onions, mixed peppers.



























Grilled chicken strips. Served with chips and salad.

£8.50

Meatballs

Our handmade meatballs backed. Served with rice and salad.

£8.50





SIDE DISHES

	and the same of th
Bowl of olives	£4.50
Mediterranean Rice	£3.80
French Fries	£2.80
Garlic bread	£4.50
Garlic Bread with Cheese	£4.80
Basket of Bread	£2.50
Gluten Free Bread	£1.50
Dips	£1.00

















£2.80

BRANDY